# SCHOOL-BASED HEALTH CENTER PROGRAM

PROGRAM DESCRIPTION: School-Based Health Centers (SBHCs) are primary care health centers which offer preventive, primary, chronic and mental health care services to students who have a broad range of medical needs. SBHCs provide all students enrolled in the school access to convenient, comprehensive health services in a caring, non-judgmental environment at a health center located in their school building. SBHCs are designed to overcome barriers to health care such as concerns over confidentiality, lack of transportation, inconvenient appointment times, cost, lack of insurance coverage, and general apprehension about discussing health

problems.

**STAFFING:** SBHCs are staffed by, at a minimum, a nurse practitioner, community health nurse, medical office assistant, school health aide and a mental health professional. Some SBHCs are staffed with substance abuse counselors and health educators. The nurse practitioner is precepted by a physician who is on-site part-time every week.

#### SERVICES PROVIDED

- Preventive Services such as Annual Health Maintenance, Sports Physicals, and Immunizations
- Care of Acute Illnesses and Injuries
- Mental Health Services
- Health Education
- Case Management
- Basic Laboratory Tests
- Reproductive Health Care
- Traditional School Health Services

#### SBHC LOCATIONS

Elementary Schools: Harford Heights. Elementary/Middle Schools: Carter G.

Woodson · City Springs

Middle Schools: Lombard · Dr. Roland N. Patterson Sr. Academy · Harlem Park · Southside/New Era Academy

High Schools: Dunbar · Lake Clifton

- $\cdot$  Northwestern  $\cdot$  Patterson $\cdot$  Southern
- · Southwestern · Walbrook

Special Needs School: William S. Baer

# BALTIMORE CITY HEALTH DEPARTMENT

# ADULT, SCHOOL AND COMMUNITY HEALTH

### SCHOOL HEALTH PROGRAMS



"School Health - Improving Tomorrow for Today's Kids"



Joshua Sharfstein, M.D. Commissioner of Health

## SCHOOL HEALTH ASSESSMENT PROGRAM

PROGRAM DESCRIPTION: Traditional school health services are provided to students in the health suite located in each Baltimore City Public School. Too many children arrive at school each year unprepared to benefit fully from the educational program. Vision and hearing deficits, chronic illness, lead poisoning, drug abuse, teenage pregnancy, and many other health problems afflict our children. For a student to be "ready to learn", we must remove these barriers to success. The School Health Assessment Program, therefore, has a two-fold purpose. First to optimize each student's health so that they may receive the full benefit of the school experience; and secondly, to graduate students who are healthy and productive citizens.



STAFFING: The School Health Assessment Program is staffed by one nurse practitioner, community health nurses, licensed practical nurses, medical office assistants, school health aides and hearing and vision testers.

#### SERVICES PROVIDED

- First Aid
- **Emergency Response**
- Medication Administration
- Health Screening for Hearing, Vision and Scoliosis
- Communicable Disease Surveillance
- Assistance with Immunization Compliance
- Health Education and Skills Training
- Reproductive Health Education
- Health Appraisals and Referrals for Medical Follow Up
- Crisis Intervention and Counseling
- Nursing Care Plans for Special Needs Students
- Provision or Coordination of Advanced Nursing Skills for Technology Dependent Children
- Participation in Individualized Education Program and 504 Process for Special Needs Students
- Participation in School Improvement Teams
- Student and Parent Advocacy

### IMPORTANT TELEPHONE **NUMBERS**

Administrative Offices

School Health Programs 210 Guilford Avenue, 2nd Floor Baltimore, Maryland 21202 (410) 396-3185

School Health Assessment Program 620 N. Caroline Street, 2<sup>nd</sup> Floor Baltimore, Maryland 21201 (410) 396-5246

School-Based Health Centers 210 Guilford Avenue, 2nd Floor Baltimore, Maryland 21202 (410) 396-8615

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Mayor